



Digest

IMPLEMENTATION
OF THE MONITORING SYSTEM
AND RESPONSE
TO RECENT
HIV-INFECTION IN UKRAINE

as of 1 January 2025

Issue 1 (3)



Dear readers

We present to your attention the third issue of the digest dedicated to the analysis of surveillance data on recent HIV infection in Ukraine for 2024 and separately for the fourth quarter of 2024 (corresponding to the first quarter of the 2025 financial year in the PEPFAR project).

You will be able to monitor the trends in testing volumes and the monthly identification of recent HIV infections, compare the demographic characteristics of those tested for recent HIV infection with those identified as recent cases, and analyze the distribution of recent infections by transmission mode.

This issue also presents the main surveillance indicators for recent HIV infection in each region of Ukraine participating in the PEPFAR project.

We hope that this issue will serve as a valuable tool for everyone involved in the fight against HIV in Ukraine and will help to ensure a **more effective and coordinated response to the epidemic.**

Thank you for your attention and active participation in this important endeavor!







What is recent HIV infection (RHI)?

- It is an HIV infection that occurred relatively recently, usually within the last 12 months.
- The detection of RHI is crucial for understanding the dynamics and speed of the epidemic's spread, identifying geography and population groups with active virus transmission, and implementing timely public health response.
- O In Ukraine, epidemiological surveillance for RHI has been launched at the end of 2020 among individuals with a first-time HIV diagnosis, aged ≥ 18 years, who have not previously received ART.
- Epidemiological surveillance for RHI is implemented as part of routine HIV testing services (HTS).
- In Ukraine, RHI is determined using the following algorithm (RITA, Recent Infection Testing Algorithm):
- > First, testing is conducted using a rapid test for RHI (RTRI, Rapid test for recent infection), which allows distinguishing recent HIV infection from long-term infection.
- Next, **the HIV viral load** is measured in the blood of individuals who received a preliminary result suggesting probable RHI. If the RNA count exceeds 1,000 copies per milliliter of plasma, the case is confirmed as RHI.







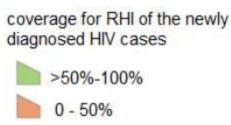
Geographic implementation of epidemiological surveillance for recent HIV infection (RHI) in Ukraine as of January 1, 2025

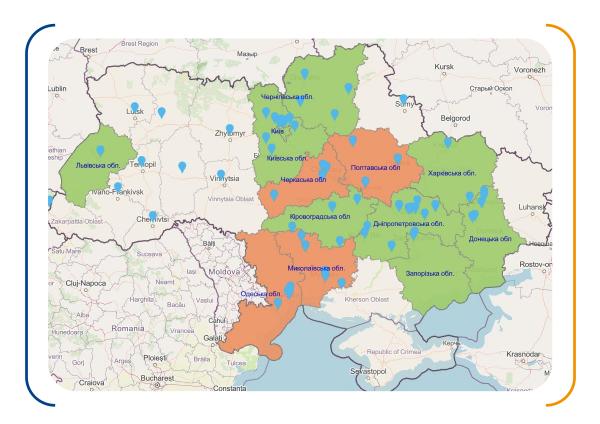




RHI testing is available across **13 regions at 52 sites** offering HIV testing services.

In 7 regions, the testing coverage for RHI **exceeds 50%** of the total number of newly diagnosed HIV infection cases in the region.





Coverage for PHI of the newly diagnostic HIV cases

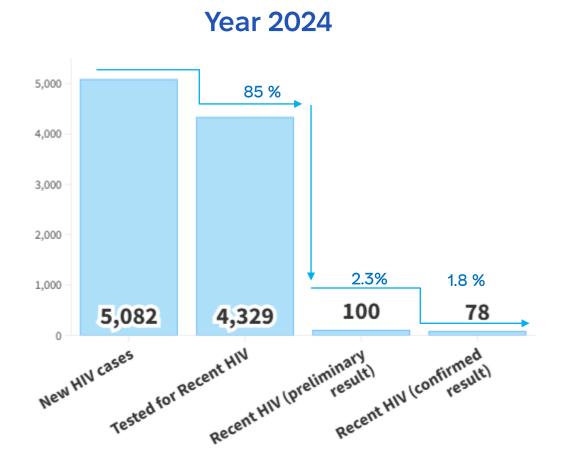
> 50 - 100 %

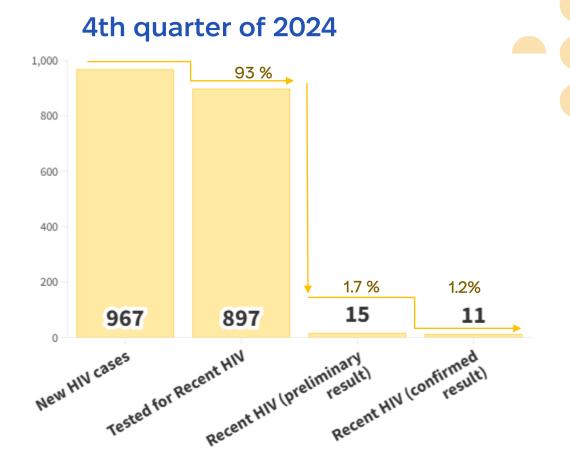
0 - 50 %

Designated testing sites

Cascade of Recent HIV Infection





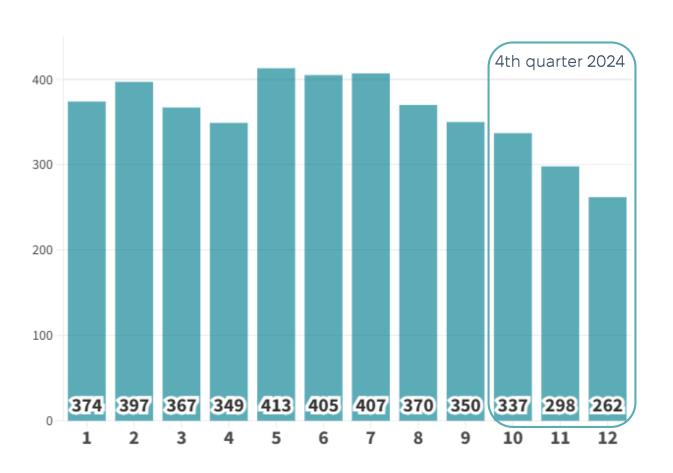


In 2024, 85% of newly diagnosed HIV cases were tested for recent HIV infection (RHI). In the 4th quarter, the testing coverage surpassed the annual average, reaching 93%.

Dynamics of the number of RHI tests by month in 2024







Number of RHI tests in 2024

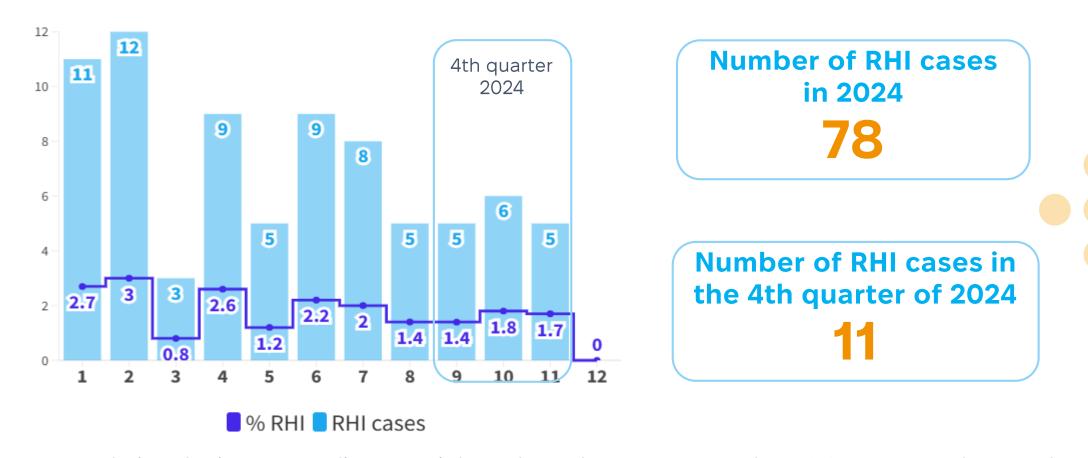
4,329

Number of RHI tests in the 4th quarter of 2024

897

The distribution of tests by month was fairly even. Over 400 RHI tests were conducted in May, June, and July, while fewer than 300 were performed in November and December due to the depletion of HIV-1 Asante Rapid Recency Assay tests at some sites. During the 4th quarter, 21% of all annual tests were conducted.

Distribution of the number of RHI cases and % RHI by month in 2024



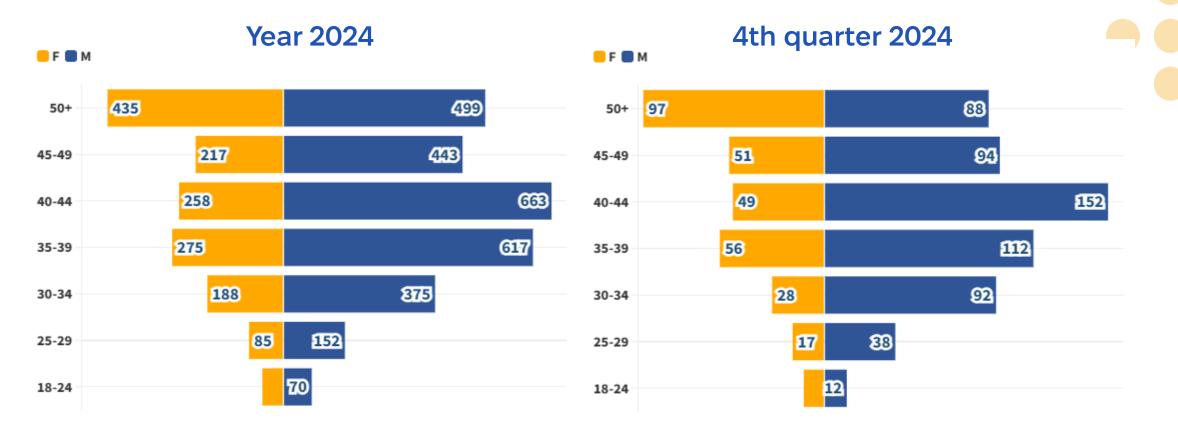
The percentage of identified RHI cases fluctuated throughout the year, ranging from 0.8% to 3.0%. The months with the highest number of cases were associated with the expansion of RHI testing sites in the Kyiv, Lviv, Mykolaiv, Poltava, and Kharkiv regions, as well as a worsening epidemiological situation due to identified hotspots in the Dnipropetrovsk, Zaporizhzhia, Mykolaiv, and Chernihiv regions. In the 4th quarter, 14% of the annual cases were detected.

FY – financial year in the PEPFAR program (October 1 – September 30) The 4th quarter of 2024 corresponds to the 1st quarter of the 2025 FY.

Sex and age distribution of individuals tested for RHI (number of people)

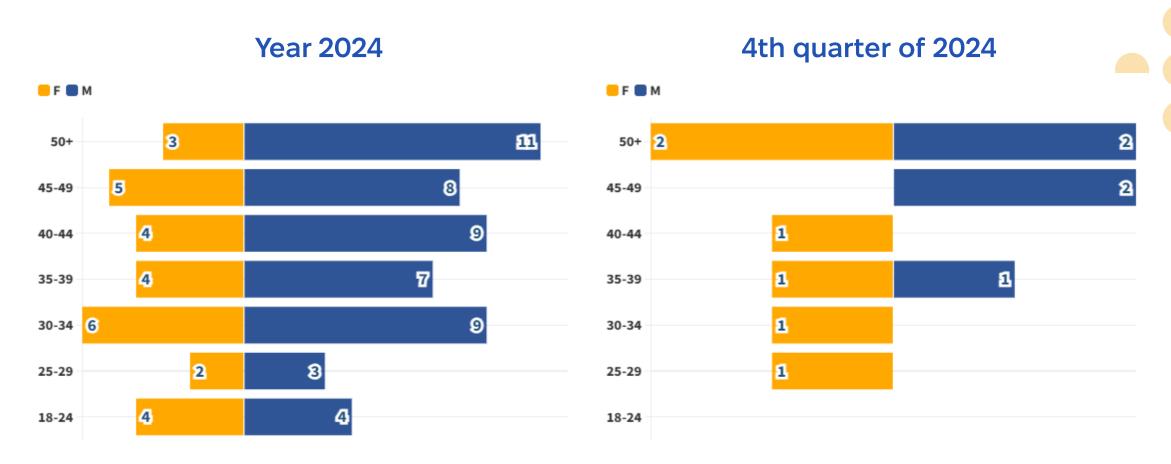






Among those tested for RHI in 2024, males accounted for the majority (65%). The highest number of individuals tested, among both males and females, were in the age groups 35–39, 40–44, and 50+ years. The sex and age distribution of those tested in the 4th quarter remained consistent with that of the entire year.

Age and sex distribution of RHI cases (number of individuals)



In 2024, 65% of RHI cases occurred among males. The highest number of cases among males was identified in the 30-34 and 50+ age groups, while among females, the largest number of cases was observed in the 30-34 and 45-49 age groups. In the 4th quarter, the distribution of RHI cases between males and females was more balanced, with older age groups predominating among males.

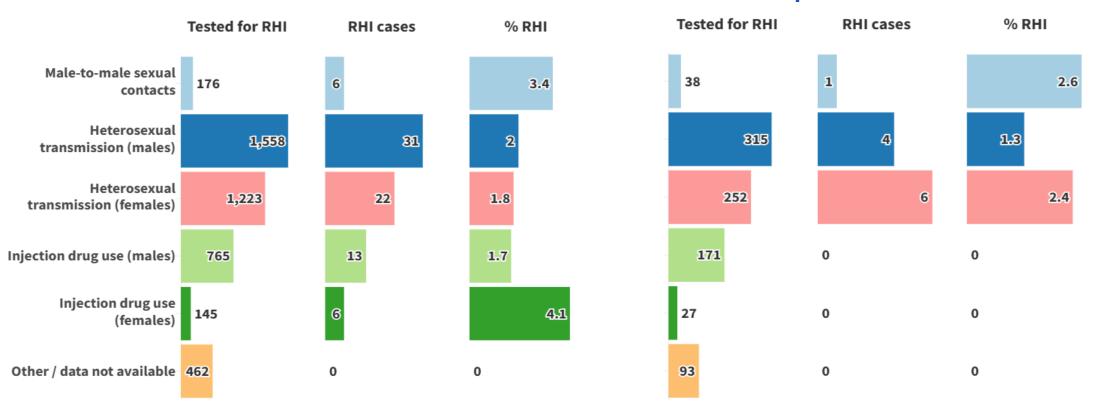
Distribution of individuals tested for RHI, identified RHI cases, and % RHI by MoT







4th quarter 2024

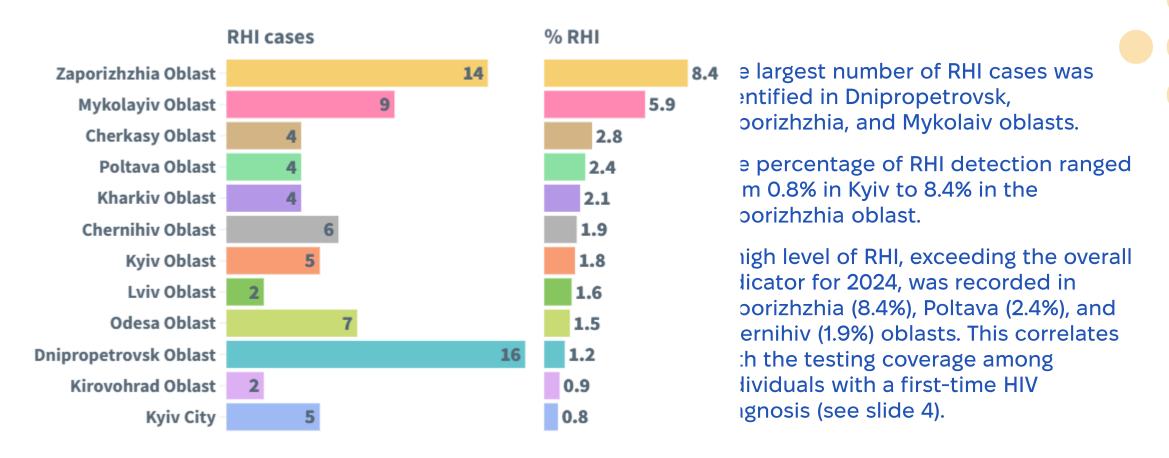


The most common mode of transmission in 2024 was heterosexual contact. The highest proportion of RHI (relative to the total number of individuals tested) was observed among females who acquired HIV through injection drug use.

Distribution of RHI Cases and % RHI by Oblast in 2024







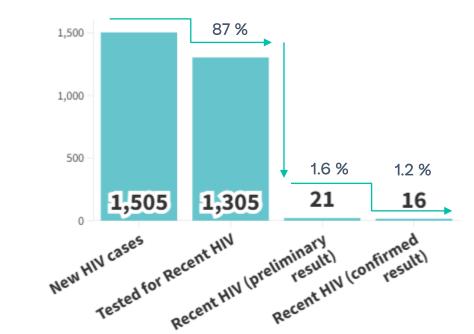
The epidemiological situation associated with the high level of RHI detection in Mykolaiv oblast (5.9%) might require further monitoring using a "hotspots" approach and the expansion of RHI testing areas.

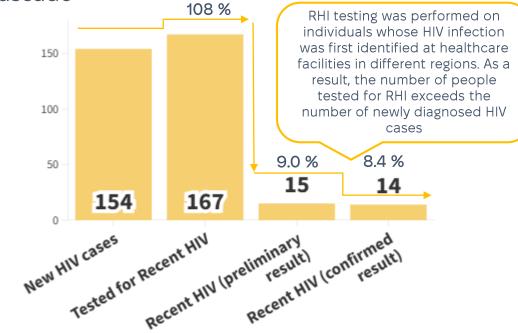
Dnipropetrovsk Oblast

2024

Zaporizhzhia Oblast





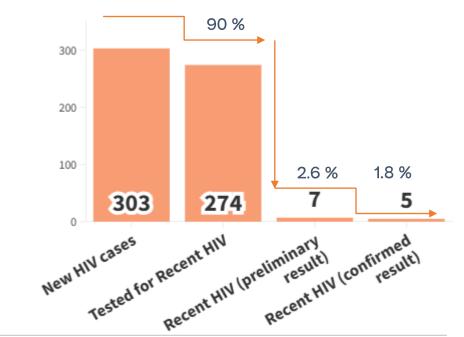


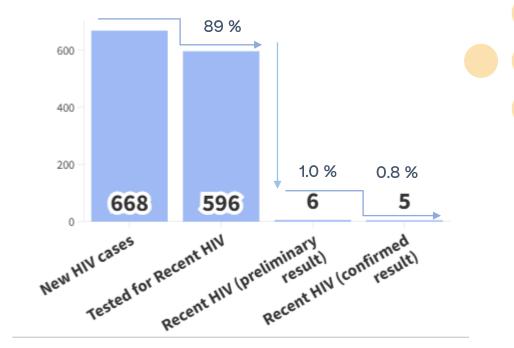
Mode ot transmission	Tested for RHI	RHI Cases	% RHI
Male-to-male sexual contacts	71	2	2.8%
Heterosexual transmission (males)	396	4	1.0%
Heterosexual transmission (females)	370	4	1.1%
Injection drug use (males)	345	4	1.2%
Injection drug use (females)	80	2	2.5%
Other / data not available	43		

Mode ot transmission	Tested for RHI	RHI Cases	% RHI
Male-to-male sexual contacts	5	2	40.0%
Heterosexual transmission (males)	86	5	5.8%
Heterosexual transmission (females)	43	3	7.0%
Injection drug use (males)	26	3	11.5%
Injection drug use (females)	2	1	50.0%

Kyiv Oblast 2024 Kyiv City

Recent HIV Infection Cascade





Mode ot transmission	Tested for RHI	RHI Cases	% RHI
Male-to-male sexual contacts	23		
Heterosexual transmission (males)	72	1	1.4%
Heterosexual transmission (females)	69	2	2.9%
Injection drug use (males)	42	1	2.4%
Injection drug use (females)	6	1	16.7%
Other / data not available	62		

Mode ot transmission	Tested for RHI	RHI Cases	% RHI
Male-to-male sexual contacts	50	1	2.0%
Heterosexual transmission (males)	208	2	1.0%
Heterosexual transmission (females)	219	2	0.9%
Injection drug use (males)	64		
Injection drug use (females)	11		
Other / data not available	44		

Kirovohrad Oblast

2024

Lviv Oblast

Recent HIV Infection Cascade





Mode ot transmission	Tested for RHI	RHI Cases	% RHI
Male-to-male sexual contacts	2		
Heterosexual transmission (males)	91	2	2.2%
Heterosexual transmission (females)	65	2	3.1%
Injection drug use (males)	27		
Injection drug use (females)	1		
Other / data not available	29		

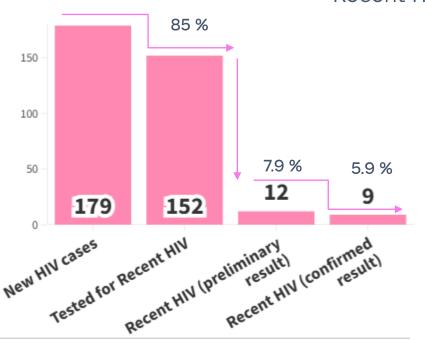
Mode ot transmission	Tested for RHI	RI Cases	% RHI
Male-to-male sexual contacts	9		
Heterosexual transmission (males)	41	1	2.4%
Heterosexual transmission (females)	15	1	6.7%
Injection drug use (males)	35		
Injection drug use (females)	11		_
Other / data not available	17		L

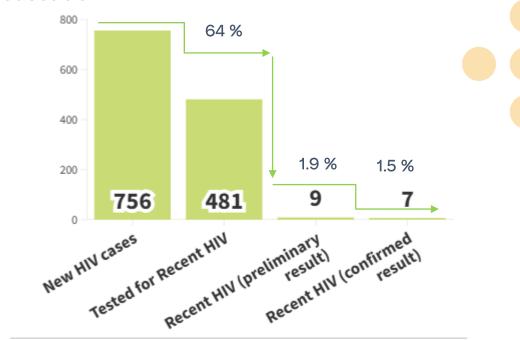


2024

Odesa Oblast







Mode ot transmission	Tested for RHI	RHI Cases	% RHI
Male-to-male sexual contacts	3	1	33.3%
Heterosexual transmission (males)	68	2	2.9%
Heterosexual transmission (females)	45	3	6.7%
Injection drug use (males)	17	1	5.9%
Injection drug use (females)	4	2	50.0%
Other/data not available	15		

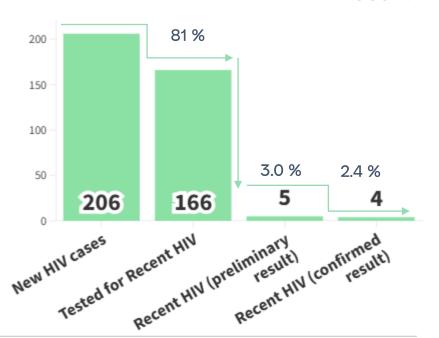
Mode ot transmission	Tested for RHI	RHI Cases	% RHI
Male-to-male sexual contacts	3		
Heterosexual transmission (males)	165	3	1.8%
Heterosexual transmission (females)	86	3	3.5%
Injection drug use (males)	55		0.0%
Injection drug use (females)	4	1	25.0%
Other/data not available	168		

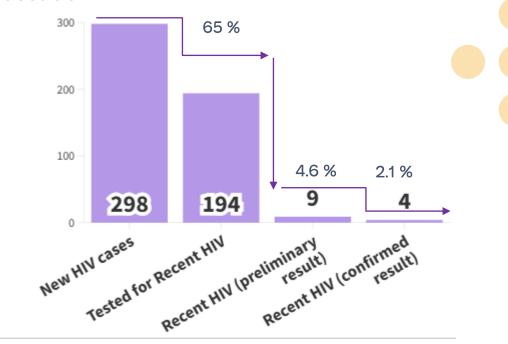
Poltava Oblast

2024

Kharkiv Oblast

Recent HIV Infection Cascade





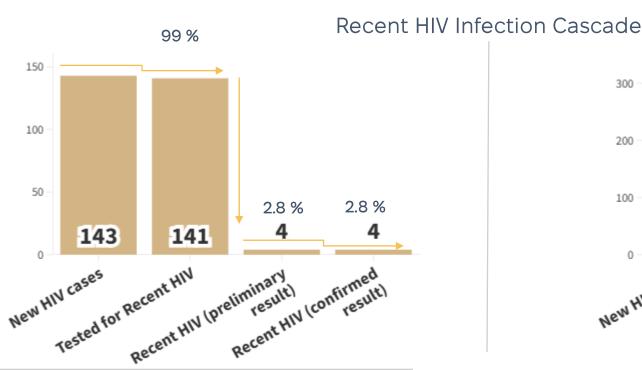
Mode ot transmission	Tested for RHI	RHI Cases	% RHI
Male-to-male sexual contacts	2		
Heterosexual transmission (males)	66	2	3.0%
Heterosexual transmission (females)	67	1	1.5%
Injection drug use (males)	12	1	8.3%
Injection drug use (females)	4		
Other/data not available	15		

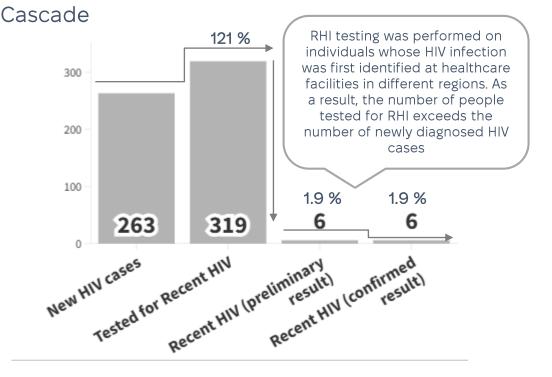
Mode ot transmission	Tested for RHI	RHI Cases	% RHI
Male-to-male sexual contacts	6		
Heterosexual transmission (males)	73	3	4.1%
Heterosexual transmission (females)	38	3	7.9%
Injection drug use (males)	59	1	1.7%
Injection drug use (females)	8	1	12.5%
Other/data not available	10		1



2024

Chernihiv Oblast





Mode ot transmission	Tested for RHI	RHI Cases	% RHI
Male-to-male sexual contacts	2		
Heterosexual transmission (males)	68	1	1.5%
Heterosexual transmission (females)	51	3	5.9%
Injection drug use (males)	12		
Injection drug use (females)	2		
Other/data not available	6		

Mode ot transmission	Tested for RHI	RHI Cases	% RHI
Male-to-male sexual contacts	1		
Heterosexual transmission (males)	130	2	1.5%
Heterosexual transmission (females)	110	3	2.7%
Injection drug use (males)	34	1	2.9%
Injection drug use (females)	5		
Other/data not available	39		



Epidemiological investigations rely on data analysis and include identifying "hotspots" based on the following criteria:

- Local level: ≥ 2 new RHI cases within 30 days (analyzed monthly)
- Regional level: ≥ 5% of new RHI cases per quarter (analyzed quarterly).
- National level: Increase in RHI cases over 6 months by ≥ 2 standard deviations (analyzed semiannually).
- O Hotspot criteria are **reviewed annually**, and the analysis periods may be adjusted as the number of cases decreases



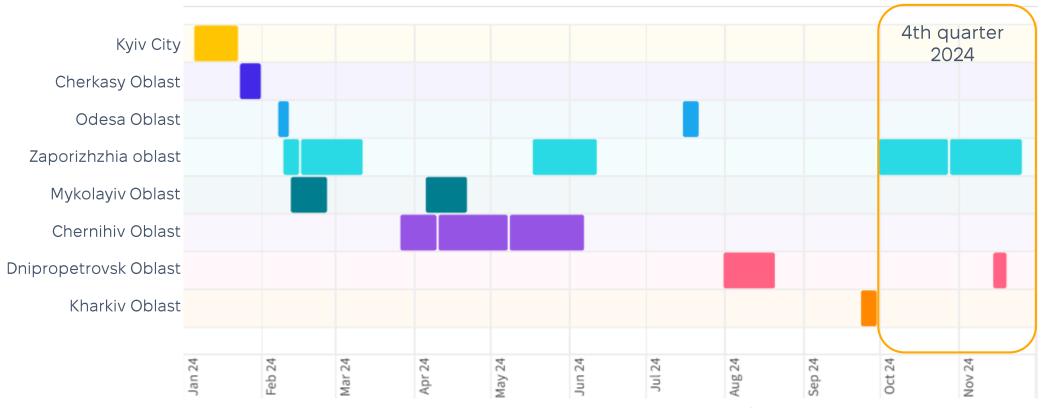




Geographical Concentration of Hotspots. Year 2024







Local-level hotspots aggregated by region

In 2024, the highest number of hotspots was recorded in the Zaporizhzhia and Dnipropetrovsk regions. In December 2024, no hotspots were detected.





Key Findings

- In 2024, more than 5,000 people aged 18+ with newly diagnosed HIV infection were tested for RHI, with 1.8% of them testing positive for RHI. The identification rate ranged from 0.8% in Kyiv to 8.4% in Zaporizhzhia oblast.
- 65% of RHI cases were among males. The highest number of RHI cases, for both males and females, was recorded in the 30–34 age group.
- Among individuals with RHI, the predominant mode of HIV transmission was heterosexual contact (68.0%). Injection drug use accounted for 24.4% of infections, while homosexual contact contributed 7.7%.
- The highest percentage of RHI cases in 2024 was observed among females who acquired HIV through injection drug use (4.1%) and males who contracted HIV through homosexual transmission (3.4%).
- The percentage of RHI cases among individuals with heterosexual transmission was 2–4 times higher among females than among males in all regions, except for Dnipropetrovsk, Poltava oblasts, and Kyiv.
- The highest percentage of RHI cases among females who acquired HIV through injection drug use was recorded in Zaporizhzhia, Kyiv, Mykolaiv, Odesa, and Kharkiv oblasts.
- Dnipropetrovsk, Zaporizhzhia, and Chernihiv oblasts recorded the highest number of hotspots, surpassing other oblasts.





For more detailed information on recent HIV infection testing, visit this interactive dashboard:



Have questions or suggestions regarding the information in our next digest? Share your feedback and proposals here:





